

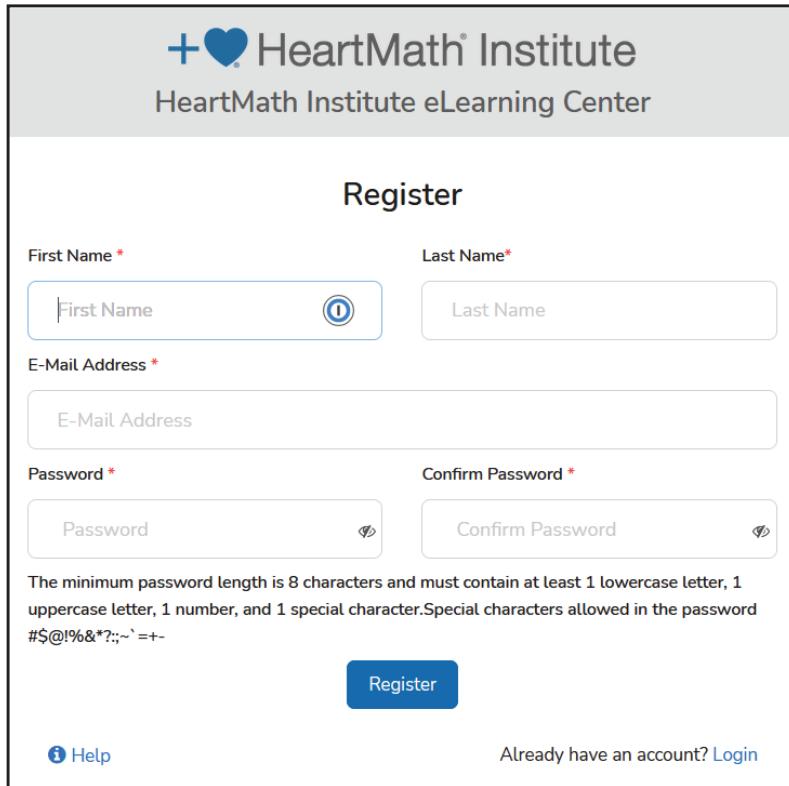
How to Register and Enroll Educators and Students into the SunShine Secret™ Program

The Basic Steps: Registration and Enrollment

- 1) Register on HeartMath Institute eLearning Center
- 2) Receive and enter your Verification Code
- 3) Login to eLearning Center
- 4) Add Sunshine Secret Course
- 5) Enter your License ID and Enter Sunshine Secret Course
- 6) Adding a Child to the Course

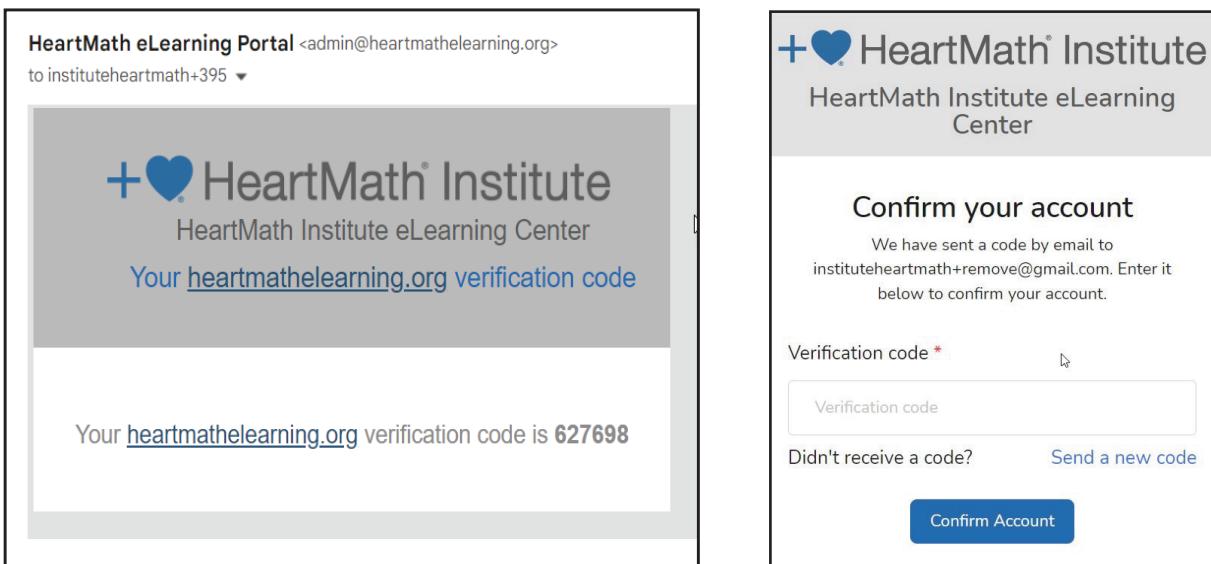
Here are the steps.

- 1) **Register on the HeartMath eLearning Center.** After purchasing a program license, you will receive an email with a License ID and a website address for registering. Begin by entering your name, email address and password. Click on Register.



The screenshot shows the registration page for the HeartMath Institute eLearning Center. The page has a header with the HeartMath logo and the text "HeartMath Institute eLearning Center". Below the header, the word "Register" is centered. The form consists of several input fields: "First Name *", "Last Name *", "E-Mail Address *", "Password *", and "Confirm Password *". Each field has a placeholder text and a small circular icon with a question mark. Below the "Password" and "Confirm Password" fields is a note about password requirements: "The minimum password length is 8 characters and must contain at least 1 lowercase letter, 1 uppercase letter, 1 number, and 1 special character. Special characters allowed in the password: #\$/@!%&*?;~`+=-". At the bottom of the form are two buttons: "Register" and "Help".

2) **Receive and enter your Verification Code.** After Registering, you will receive a verification code to confirm your account. Enter your Verification Code.



HeartMath eLearning Portal <admin@heartmathelearning.org>
to instituteheartmath+395 ▾

HeartMath® Institute
HeartMath Institute eLearning Center
Your heartmathelearning.org verification code

Your heartmathelearning.org verification code is **627698**

HeartMath® Institute
HeartMath Institute eLearning Center

Confirm your account
We have sent a code by email to
instituteheartmath+remove@gmail.com. Enter it
below to confirm your account.

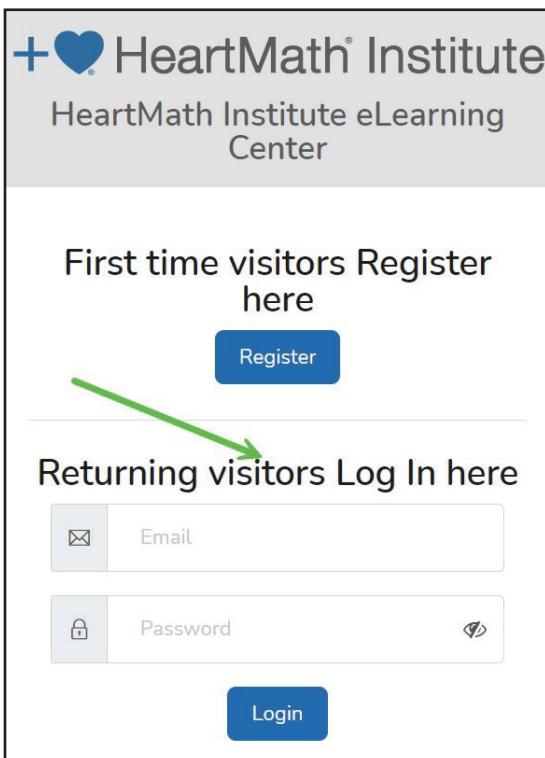
Verification code *

Verification code

Didn't receive a code? [Send a new code](#)

[Confirm Account](#)

3) **Login to eLearning Center.** After confirming your account, enter your email and password in the log in fields.



HeartMath® Institute
HeartMath Institute eLearning Center

First time visitors Register here
[Register](#)

Returning visitors Log In here

Email

Password

[Login](#)

4) **Add Sunshine Secret Course.** After Login, click on the Add Course button on the Sunshine Secret panel.

The Sunshine Secret™
Ages 3 to 6 +

A Fun and Engaging Adventure for Young Learners' Brains and Hearts

This program uses an animated story, music, and many interactive activities to facilitate the learning of basic self-regulation practices and scientific concepts.

[Learn More](#) [Add Course](#)

HeartSmarts® Adventure
Ages 4 to 7 +

An interactive program that empowers children to make healthy choices and develop smart behaviors

Through videos, art, music, and movement, children learn healthy habits around diet, sleep, exercise, self-regulation and care for others.

[Learn More](#) [Add Course](#)

5) **Enter your License ID and then enter the Sunshine Secret Course.** Note: Your License ID was emailed to you at the time of purchase. Clicking Continue will take you into the course.

Welcome to The Sunshine Secret X

Welcome! Please enter your License ID for this course to continue.

[Continue](#) ↗

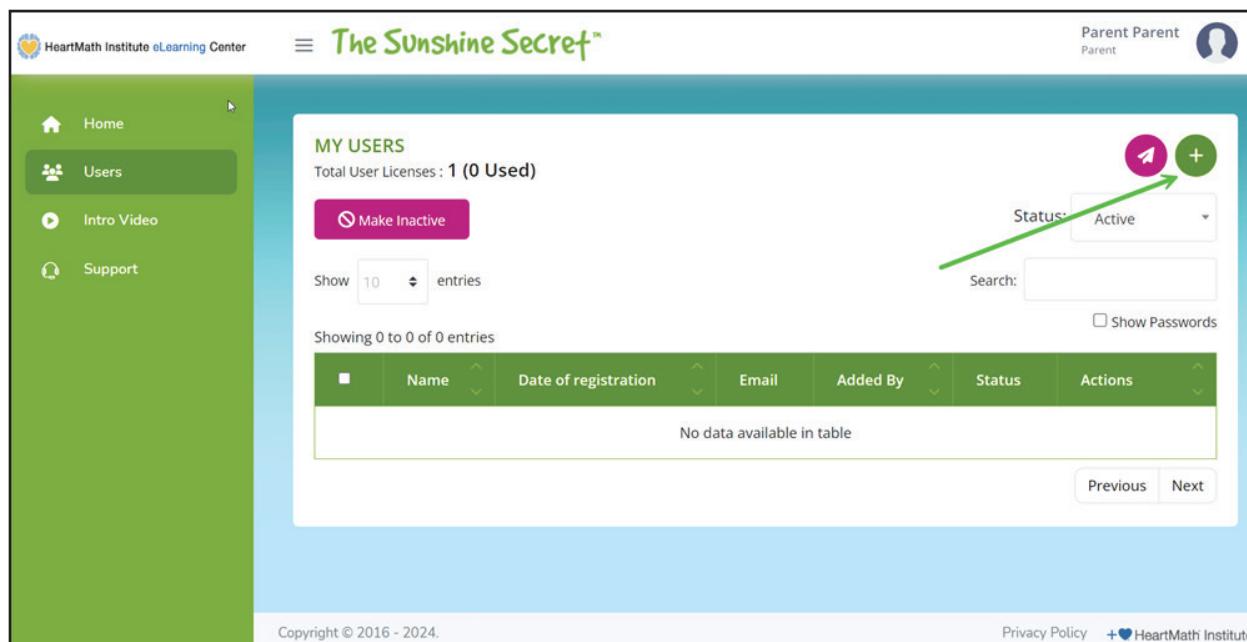
Access to Sunshine Secret



The screenshot shows the 'The Sunshine Secret™' course home page. On the left, a green sidebar menu includes 'Home', 'User', 'Intro Video', and 'Support'. The main content area features a large green button with the word 'Enter' in white. The top right corner shows a 'Parent' profile icon. At the bottom, there is a copyright notice 'Copyright © 2016 - 2024.' and a 'Privacy Policy' link.

Important Note: You will also receive an enrollment confirmation email for your records.

6) **Adding a Child to the Course:** From your home page, you can enter the course, and display it for your child from your computer, pad or tablet, or, should you choose, you may add a child so that they may have access to the course from their own device. Note: If you purchased the single user license, you may add 1 child. For the Family license, you may add up to 5 children.



The screenshot shows the 'Users' management page. The sidebar menu is identical to the home page. The main area is titled 'MY USERS' and displays a table with one entry: 'Total User Licenses : 1 (0 Used)'. The table columns are 'Name', 'Date of registration', 'Email', 'Added By', 'Status', and 'Actions'. A green arrow points to the 'Status' dropdown menu, which is set to 'Active'. Other visible buttons include 'Make Inactive' and a '+' icon for adding new users. The bottom of the page includes a copyright notice 'Copyright © 2016 - 2024.' and a 'Privacy Policy' link.

When adding a child, you must include an email address for them. If your child does not have an email address, most parents will use the “plus addressing” feature in gmail. Simply type a plus sign (+) and their name, after the user name portion of your email address. Example: If your email is Parent@gmail.com, the email address for your child could be: Parent+Mora@gmail.com . You will receive their enrollment confirmation in your gmail account.

ADD USER
TOTAL USER LICENSES: 1 (0 USED)
Users / Add

Email address * Parent+Mora@gmail.com

User ID

First name * Mora

Last name * Daughter of Parent

Password *

Status: Active

Cancel **SAVE**

MY USERS
Total User Licenses : 1 (1 Used)

Show 10 entries

Search:

Showing 1 to 1 of 1 entries

<input type="checkbox"/>	Name	Date of registration	Email	Added By	Status
<input type="checkbox"/>	Mora Daughter Of Parent	April 10, 2024	Parent+Mora@gmail.com	Parent Parent	Active

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